



# Defiance City Schools

## Lunch Menu 2020-2021

### Meal Prices

Breakfast \$1.75  
 Reduced Breakfast \$0.30  
 Adult Breakfast \$2.25  
 MS/HS Lunch \$3.00  
 DES Lunch \$2.75  
 Reduced Lunch \$0.40  
 Adult Lunch \$3.75  
 Milk \$0.60

### Daily Choices

Chef Salad  
 PB&J Sandwich & Cheese Stick

PS-12 allowed 3 meal charges

The Defiance City Schools students are given the opportunity to enjoy a healthy lunch everyday. The meals consist of a protein, a vegetable, a fruit, a whole grain (bread), and milk. Meals are planned according to the National School Lunch Program and reflect the Dietary Guidelines for Americans.

Your child may qualify for free or reduced priced meals, if your family meets the eligibility requirements. Applications are to be completed by an adult family member (one per household) and may be picked up in the school offices, or found on the district website [defiancecityschools.org](http://defiancecityschools.org). Applications are accepted throughout the year. If you have any questions, please call the Food Service office at 419-782-6382.

**MENU SUBJECT TO CHANGE WHEN NECESSARY!**

Follow the calendar for our four week lunch cycle.  
 This institution is an equal opportunity provider

### Lunch Menu # 1

Hamburger/WG Bun Tomatoes/Dip Tater Tots Mixed Fruit Milk	<b>DES Taco</b> Beef Taco Salad Refried Beans Spanish Rice Peaches Milk	BBQ Pork W/ WG Bun Steamed Broccoli Carrots/ Dip Apples Milk	Baked Chicken Au Gratin Potatoes Cucumbers/Dip Fresh Fruit Corn Bread Milk	Corn Dog Spinach Salad French Fries Pineapple Milk
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### Lunch Menu # 2

Popcorn Chicken Mashed Potatoes Corn Diced Pears WG Bread Milk	Lasagna w/ WG garlic bread Celery Tomatoes/Dip Apple Crisp Milk	Pizza Spinach Salad Broccoli/ Dip Fresh Fruit Milk	Mac & Cheese Carrots/ Dip Green Beans Applesauce WG Breadstick Milk	Hot Dog/ Chili Sauce WG Bun Oven Potatoes Baked Beans Mixed Fruit Milk
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### Lunch Menu # 3

Bosco Sticks/Pizza Sauce Refried Beans French Fries Pineapple Milk	Toasted Cheese Tomato Soup Mixed Vegetables Fresh Fruit Treat Milk	Sloppy Joe/ WG Bun Green Beans Carrots/ Dip Apples Milk	Spaghetti Cauliflower & Broccoli/ Dip Fresh Fruit WG Garlic Bread Milk	Cold Cut Sub Spinach Salad Cherry Tomatoes Mandarin Oranges Milk
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### Lunch Menu # 4

Chicken Patty WG Bun Broccoli w/ Cheese Carrots/ Dip Mixed Fruit Milk	Omelet or French Toast Sausage Hash Browns Tomatoes/Dip Orange Milk	Pizza Spinach Salad Cauliflower/ Dip Peach Crisp Milk	Turkey & Noodles Mashed Potatoes Peas Pear Cup WG Bread Milk	BBQ Rib/ WG Bun Oven Potatoes Baked Beans Fresh Fruit Milk
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Breakfast: Each day we offer a variety of entree choices. Each breakfast includes: fruit, juice, and milk.

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