

## Parent FYI:

We would like to provide you, as parents, some great resources to help in the many aspects of raising youth. Below are some helpful websites with a brief description of what you can find there.

<http://www.connectwithkids.com>

Connect with Kids is a multi-media education company that produces reality-based resources focused on improving the social and emotional well-being of children and teens. Our research-based programs profile real kids talking about real issues like bullying, drugs and alcohol, stress and anxiety, technology, character development and health and wellness. Our mission is to help educators and parents inspire students, change behavior and improve culture one community at a time. Even though this website offers programs that need to be paid for, they do have some free resources on their website.

<http://www.empoweringparents.com>

This website is a great resource. Parents will find many articles and videos on this website. Some topics you will find articles are the following: child behavior problems, non-traditional families, parenting strategies, ages and stages, and conditions and diagnoses. All articles are free and can be looked at by anyone. Parents can even enter their email address on this page to get a weekly parenting newsletter with lots of great articles.

<http://www.parentfurther.com>

Below is an excerpt from this website explaining its goals.

“Parenting is a very rewarding experience, but it can also be a great challenge. Parent Further provides you with a unique community and an easy-to-use, comprehensive resource that offers support and practical steps to help you with a wide range of everyday parenting issues. Our goal is to help you raise caring, healthy, responsible, successful kids. From time to time, all parents need a little help. Sometimes, a piece of solid, encouraging advice can help you have an “a-ha” moment that changes the way you think and act. Instead of focusing on what’s wrong with kids, our positive, strength-based approach to parenting focuses on what’s *right* with kids (and parents), and the small, everyday steps you can take to help kids be successful in the future.”