Defiance County
Public Health

Defiance County General Health District
1300 East Second Street, Suite 100, Defiance, Ohio 43512
Phone 419-784-3818 Fax 419-782-4979
www.defiancecohealth.org

Dear Families,

The health and well-being of students, families and staff members are our top priority. As cases of coronavirus continue to increase in the United States, we would like to share some useful information to aid in the prevention and spread of the virus.

There are currently no confirmed cases of the novel coronavirus (COVID-19) in Ohio. **At this time, the risk of contracting the coronavirus is low. However, the Ohio Department of Health will alert the Defiance County Health Department in the event that a case has been identified.**

Symptoms of COVID-19 Infection: Fever, Cough, Shortness of breath

The best way to prevent illness is through methods similar to those we use to protect ourselves from the seasonal flu:

- Avoid close contact with people who are sick
- Avoid touching your eyes, nose and mouth
- Cover your cough or sneeze with a tissue and then throw it in the trash
- Wash your hands with soap and water for at least 20 seconds
- Use an alcohol-based (60%) hand sanitizer if soap and water are not available
- Stay home when you are sick
- You should not go to work and your child should not go to school if you or your child has a fever of 100.4 or greater

All county schools are utilizing cleaning and disinfection methods to prevent the spread of illness.

Please contact your physician should you/your student develop flu-like symptoms. There is a wealth of information and resources available regarding COVID - 19 through organizations such as the Center for Disease Control and Prevention, Ohio Department of Health and the Defiance County Health Department (see websites below).

Center for Disease Control and Prevention: https://www.cdc.gov/coronavirus/2019-ncov/index.html

Ohio Department of Health: https://coronavirus.ohio.gov/wps/portal/gov/covid-19/

Defiance County Health Department: http://defiancecohealth.org/2019-novel-coronavirus-2019-ncov/

Sincerely,

Jamie Gerken
Health Commissioner
Defiance Co. Health Department

Don Diglia
Superintendent
Ayersville Local School

Steve Arnold
Superintendent
Central Local Schools

Robert Morton
Superintendent
Defiance Local Schools

Timothy Bower
Superintendent
Good Samaritan School

Keith Countryman
Superintendent
Hicksville Local Schools

Nicole Wells
Superintendent
Northeastern Local Schools

COVID-19

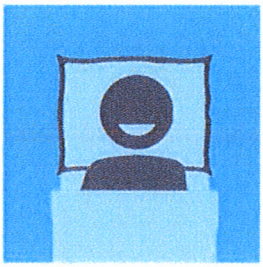
Ohio Department of Health

There are no confirmed cases of COVID-19 in Ohio.
Please continue to protect yourself from all
infectious diseases by using these precautions.

PREVENTION

STAY HOME WHEN YOU ARE SICK

AVOID CONTACT WITH PEOPLE WHO ARE SICK



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS

WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)

DRY HANDS WITH A CLEAN TOWEL OR AIR DRY YOUR HANDS

COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING

AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES

CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN

CALL BEFORE VISITING YOUR DOCTOR

PRACTICE GOOD HYGIENE HABITS

CLEAN ALL "HIGH-TOUCH" SURFACES EVERY DAY

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

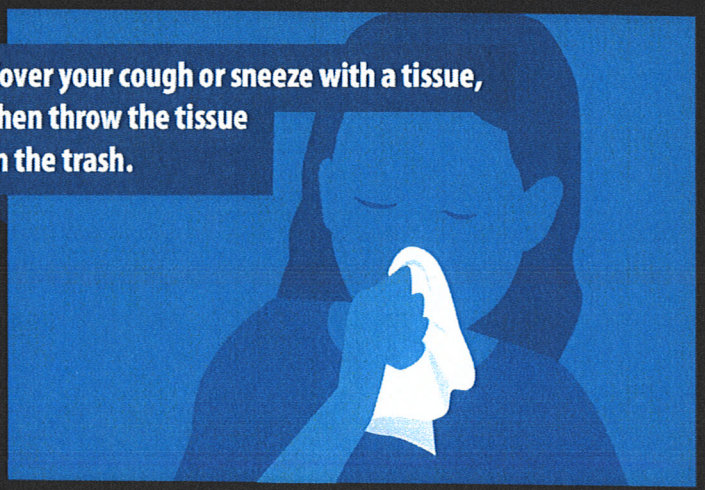
02-27-2020

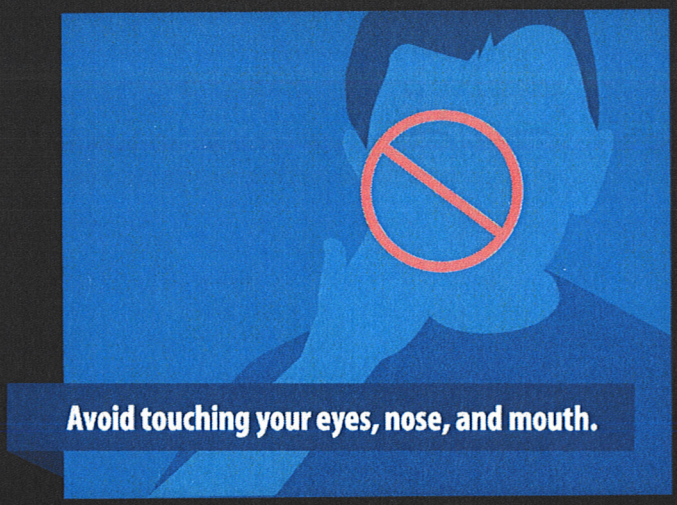
Additional information from the Centers for Disease Control and Prevention: https://www.cdc.gov/coronavirus/

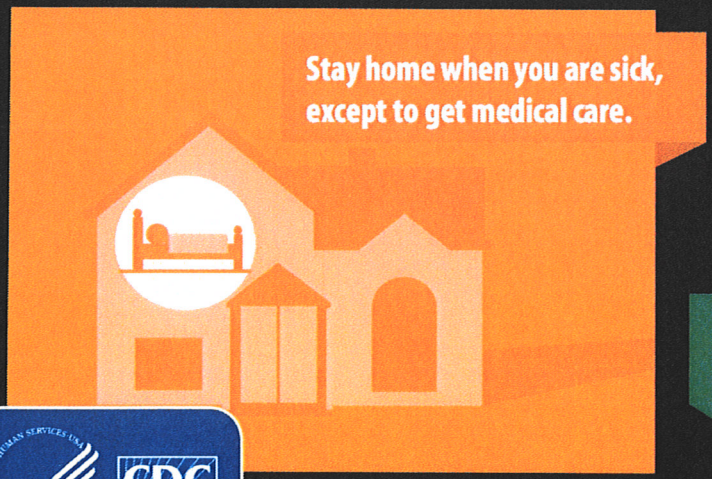
COVID 19
CORONAVIRUS DISEASE

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.







For more information: www.cdc.gov/COVID19

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Stop Germs! Wash Your Hands.

When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

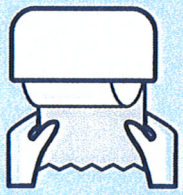
How?

Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.

Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.

Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

LIFE IS BETTER WITH CLEAN HANDS

www.cdc.gov/handwashing

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

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