

# Wellness Policy Assessment Tool

Form 357 Rev 12/15

This template provides information on wellness policy goals and practices within the LEA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school or at a minimum, each school level. The wellness policy and completed assessment must be available to the public.

LEA/District Name Defiance

Reviewer Deanna Hull

School Name Defiance City Schools

Date 3/7/22

Select all grades: PK  K  1  2  3  4  5  6  7  8  9  10  11  12

## I. Public Involvement

Yes  No We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:

- Administrators  School Food Service Staff  P.E. Teachers  Parents  
 School Board Members  School Health Professionals  Students  Public

Yes  No We have a designee in charge of compliance.

Name/Title:

Sheri Steyer /

Yes  No We make our policy available to the public.

Please describe:

Website defiancecityschools.org

Yes  No We measure the implementation of our policy goals and communicate results to the public.

Please describe:

Newspaper / website

Yes  No Our district reviews the wellness policy at least annually.

## II. Nutrition Education

Yes  No Our district's written wellness policy includes measurable goals for nutrition education.

Yes  No We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).

Yes  No We offer nutrition education to students in:  Elementary School  Middle School  High School

## III. Nutrition Promotion

Yes  No Our district's written wellness policy includes measurable goals for nutrition promotion.

Yes  No We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

Yes  No We have reviewed *Smarter Lunchroom* techniques and evaluated our ability to implement some of them.

Yes  No We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

Yes  No We ensure students have access to hand-washing facilities prior to meals.

Yes  No We annually evaluate how to market and promote our school meal program(s).

Yes  No We regularly share school meal nutrition, calorie, and sodium content information with students and families.

Yes  No We offer taste testing or menu planning opportunities to our students.

Yes  No We participate in Farm to School activities and/or have a school garden.

Yes  No We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).

Yes  No We price nutritious foods and beverages lower than less nutritious foods and beverages.

Yes  No We offer fruits or non-fried vegetables in:  Vending Machines  School Stores  Snack Bars  à La Carte

Yes  No We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.

Yes  No We provide teachers with samples of alternative reward options other than food or beverages.

Yes  No We prohibit the use of food and beverages as a reward.

(Cont. on page 2)

**IV. Nutrition Guidelines** (Cont. from page 1)

- Yes  No Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
- Yes  No We operate the School Breakfast program:  Before School  In the Classroom  Grab & Go
- Yes  No We follow all nutrition regulations for the National School Lunch Program (NSLP).
- Yes  No We operate an Afterschool Snack Program.
- Yes  No We operate the Fresh Fruit and Vegetable Program.
- Yes  No We have a Certified Food Handler as our Food Service Manager.
- Yes  No We have adopted and implemented *Smart Snacks* nutrition standards for ALL items sold during school hours, including:  
 as à La Carte Offerings  in School Stores  in Vending Machines  as Fundraisers

**V. Physical Activity**

- Yes  No Our district's written wellness policy includes measurable goals for physical activity.
- Yes  No We provide physical education for elementary students on a weekly basis.
- Yes  No We provide physical education for middle school during a term or semester.
- Yes  No We require physical education classes for graduation (high schools only).
- Yes  No We provide recess for elementary students on a daily basis.
- Yes  No We provide opportunities for physical activity integrated throughout the day.
- Yes  No We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
- Yes  No Teachers are allowed to offer physical activity as a reward for students.
- Yes  No We offer before or after school physical activity:  Competitive sports  Non-competitive sports  Other clubs

*As long as there is adult supervision.*

**VI. Other School Based Wellness Activities**

- Yes  No Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
- Yes  No We provide training to staff on the importance of modeling healthy behaviors.
- Yes  No We provide annual training to all staff on:  Nutrition  Physical Activity
- Yes  No We have a staff wellness program.
- Yes  No We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).
- Yes  No We actively promote walk or bike to school for students with Safe Routes to School or other related programs.
- Yes  No We have a recycling /environmental stewardship program.
- Yes  No We have a recognition /reward program for students who exhibit healthy behaviors.
- Yes  No We have community partnerships which support programs, projects, events, or activities.

**VII. Progress Report:** Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy

**VIII. Contact Information:**

For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.

Name  Position/Title

Email  Phone

## District or School Information

### Each district or school will provide copies of the report available to the public upon request.

State law in Ohio requires each school district board of education and each chartered nonpublic school board or governing authority to adopt and enforce nutrition standards governing the types of food and beverages available for sale on the premises of its schools. Additionally, the board or governing authority must specify the time and place each type of food or beverage is available for sale. The standards specified for beverages and food are minimum standards. Local districts and schools may adopt higher standards.

Each board or governing authority assigns staff to make sure that the district or school meets the nutrition standards in state law. The staff prepares an annual report regarding the district's or school's compliance with the standards. Completion of this survey fulfills the district or school's requirement to report to the Ohio Department of Education its compliance with state law. The board or governing authority must schedule an annual presentation on the report at one of its regular meetings and include the date of the annual presentation in this survey.

\* 1. IRN:

043869

\* 2. Organization Name:

Defiance City Schools

\* 3. By checking this option I attest that...

- The district or school named above has adopted and is enforcing a nutrition standards policy that considers the requirements of Ohio Revised Code 3313.814 and governs the types of food and beverages that may be sold on the premises of its school(s).
- The district or school named above has not adopted and/or is not enforcing a nutrition standards policy that considers the requirements of Ohio Revised Code 3313.814 and governs the types of food and beverages that may be sold on the premises of its school(s).

## Board or Governing Authority Meeting Presentation

\* 4. Date of board or governing authority meeting presentation:

Date

MM	DD	YYYY
11	17	2021

\* 5. Name of district or school staff person responsible for ensuring that the school district or school meets the nutrition standards as required by law:

Name:

Deanna Hull

Title:

Food Service Supervisor

Phone Number:

419 - 782 - 6382

Email Address:

dhull@defiance.schools.net



## **Vending Machines**

Food items and beverages available for sale to students in vending machines for consumption on the school campus (any area of property under the jurisdiction of the school that is accessible to students during the school day) during the school day (the period from the midnight before, to thirty (30) minutes after the end of the official school day) shall comply with the current USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards.

- No sales may take place during the hours that the District is providing food service to students.
- Items sold through vending machines must comply with the conditions stated in Board Policy 8540 - Vending Machines.
- All food items and beverages sold to students that will be consumed on the school campus (any area of property under the jurisdiction of the school that is accessible to students during the school day) during the school day (the period from the midnight before, to thirty (30) minutes after the end of the official school day) shall comply with the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards.
- The plan is to be submitted to the Superintendent at least five (5) days prior to the fund-raising activity.
- The sponsor of the activity must agree that the activity will be in compliance with all District policies and administrative guidelines related to food service and fund-raising.

# It Happened Last Night

On Wednesday, November 17, 2021 the Board of Education held their regular board meeting in the high school conference room with the following actions taking place:

## I. PRESENTATIONS AND PUBLIC COMMENT

*Five Year Forecast*  
*Cheryl Swisher, Treasurer*

## II. TREASURER'S REPORT

### A. DISCUSSION ITEMS:

1. October 2021 Financials.
2. SERS/STRS Pension Audit release.
3. HRA Plan Document.
4. Section 125 Plan Update.

### B. ACTION ITEMS:

1. Approve the October 2021 Financials as presented by the CFO/Treasurer.
2. Approve the HRA Plan Document as presented by the CFO/Treasurer.
3. Approve the Section 125 Plan Document as presented by the CFO/Treasurer.
4. Approve the Five year forecast as presented by the CFO/Treasurer and submit to ODE on behalf of the Defiance Board of Education as prescribed by ORC 5705.391.

## III. SUPERINTENDENT'S REPORT

### A. DISCUSSION ITEMS:

1. Looking ahead at upcoming dates:
  - November 19-21 – Band Trip to Chicago
  - November 24 – 26 – Thanksgiving Break
  - December 7 - Board providing food for school employees
  - December 8 – Board of Education Meeting @ HS Conference Room @ 5:00 p.m.
  - December 22 – Early dismissal (2:00 for MS/HS; 2:45 for DES)
  - December 23 – January 2 – Winter Break
2. **Nutrition Standards Compliance.**
3. Third and final reading on policy and administrative guideline revisions (0169.1, 1530, 1617 (New), 3217, 4217, 2271, 2413, 5111, 5111.02, 5200, 5350, 5464, 5516, 5630.01, 6114, 7300, 7450, 8330, 8400, 8462, 8600, 8651 (NEW), 8740; and respective administrative guidelines).
4. State Report Card.
5. Administrative Reports
  - Sheri Steyer – Assistant Superintendent / Beth Lewis – Associate Director of Student Services
  - Jacob Moser – Director of Alternative Education
  - Deanne Held – K-2 Principal
  - Teresa Pfeiffer – 3-5 Principal
  - Matt Carr – MS Principal
  - Jay Jerger – HS Principal
  - Andrew Eckhart – Technology Coordinator

# It Happened Last Night

## IV. CONSENT AGENDA

1. Approve minutes of the October 27, 2021 regular meeting.
2. Accept the following donations:
  - i. \$42.30 from Kroger Round Up Rewards (multiple misc. donors) to girls soccer;
  - ii. \$500 from Defiance Athletic Boosters for the Free Student Night at the Defiance/Bath football game on 10/1/21;
  - iii. \$1,000 from Green Top Acres to girls soccer;
  - iv. \$1,000 from Green Top Acres to boys soccer; and
  - v. \$3,030.49 from the United Way of Defiance County to be used for Kindergarten Camp.
3. Approve a medical leave of absence for Megan Cordes from approximately 11/24/21 to 1/3/22.
4. Approve a medical leave of absence for Steve Wahl for approximately 2 weeks, beginning 11/22/21.
5. Approve a maternity leave for Hannah Weideman for approximately 12 weeks, beginning around 12/13/21.
6. Approve the following EMPLOYMENT ACTIONS pending the return of a clean BCI/FBI check and any licensure/needed permits:

### CERTIFICATED:

Rebecca Diaz -- resign as HS Spanish teacher, effective 11/12/21

### SUPPORT STAFF:

Dalton Thomas -- Resign as bus mechanic @ 8 hours/day, effective 11/12/21

Loida Torres -- Employ as DES 3-5 aide @ 4 hours/day, effective 11/9/21

7. Approve policy and administrative guideline revisions as discussed.
8. Approve the list of substitute teachers as approved by the Northwest Ohio Educational Service Center for the 2021/22 school year.

## V. OLD BUSINESS

## VI. NEW BUSINESS

## VII. EXECUTIVE SESSION

## VIII. ADJOURNMENT