



# Defiance City Schools

## Lunch Menu 2022-2023

### Meal Prices

Breakfast \$1.75  
 Reduced Breakfast \$0.30  
 Adult Breakfast \$2.25  
 MS/HS Lunch \$3.00  
 DES Lunch \$3.00  
 Reduced Lunch \$0.40  
 Adult Lunch \$3.85  
 Milk \$0.70

### Daily Choices

Chef Salad  
 PB&J Sandwich & Cheese Stick

PS-12 allowed 3 meal charges

The Defiance City Schools students are given the opportunity to enjoy a healthy lunch everyday. The meals consist of a protein, a vegetable, a fruit, a whole grain (bread), and milk. Meals are planned according to the National School Lunch Program and reflect the Dietary Guidelines for Americans.

Your child may qualify for free or reduced priced meals, if your family meets the eligibility requirements. Applications are to be completed by an adult family member (one per household) and may be picked up in the school offices, online at LunchApplication.com

or found on the district website [defiancecityschools.org](http://defiancecityschools.org).

Applications are accepted throughout the year. If you have any questions, please call the Food Service office at 419-782-6382.

**MENU SUBJECT TO CHANGE WHEN NECESSARY!**

Follow the calendar for our four week lunch cycle.

**This institution is an equal opportunity provider**

### Lunch Menu # 1

Sloppy Joe/WG Bun Tomatoes/Dip Green Beans Mixed Fruit Milk	Beef Taco Salad Refried Beans Spanish Rice Peaches Milk	<b>DES Papa John's</b> Pulled Pork W/ WG Bun Steamed Broccoli Carrots/ Dip Apples Milk	Beef Stroganoff Steamed Cauliflower Cucumbers/Dip Fresh Fruit WG Bread Milk	<b>MS/HS Papa John's</b> Hamburger/ WG Bun Spinach Salad Oven Potatoes Applesauce Milk
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### Lunch Menu # 2

Popcorn Chicken Mashed Potatoes Corn Pears WG Bread Milk	Lasagna w/ WG Garlic Bread Celery Tomatoes/Dip Apple Crisp Milk	<b>DES Papa John's</b> Hot Ham & Cheese WG Bread Spinach Salad Broccoli/ Dip Fresh Fruit Milk	Turkey & Noodles Mashed Potatoes Carrots/Dip Peaches WG Bread Milk	<b>MS/HS Papa John's</b> Hot Dog/ Chili Sauce WG Bun Oven Potatoes Baked Beans Mixed Fruit Milk
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### Lunch Menu # 3

Bosco Sticks/Pizza Sauce Black Bean Salad Oven Potatoes Peach Crisp Milk	Toasted Cheese Tomato Soup Mixed Vegetables Fresh Fruit Treat Milk	<b>DES Papa John's</b> Popcorn Chicken Mashed Potatoes Carrots/ Dip Apples Corn Bread Milk	Spaghetti Broccoli/Dip Green Beans Fresh Fruit WG Breadstick Milk	<b>MS/HS Papa John's</b> Cold Cut Sub Spinach Salad Tomatoes/Dip Pears Milk
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### Lunch Menu # 4

Chicken Patty WG Bun Baked Beans Celery/Dip Mixed Fruit Milk	Omelet or French Toast Sausage Hash Browns Tomatoes/Dip Orange Milk	<b>DES Papa John's</b> Hamburger/ WG Bun Green Beans Cauliflower/ Dip Apple Crisp Milk	Mac & Cheese Steamed Broccoli Carrots/Dip Pears WG Bread Milk	<b>MS/HS Papa John's</b> Hot Dog/ WG Bun Spinach Salad Oven Potatoes Fresh Fruit Milk
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Breakfast: Each day we offer a variety of entree choices. Each breakfast includes: fruit, juice, and milk.

August					September					October					November					December					January					February					March					April					May																																															
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